## **Lash Extension Client Guide**

This is a how to guide to maximise the results of your lash extensions. After care is critical to achieving the best results and prolonging the life of your lashes.



### **Lash Facts**

The average person has 90-120 natural lashes per eye. Each eye can shed between 2-3 lashes per day.

1 wk = 21 lashes gone

2 wk = 42 lashes gone

3 wk = 63 lashes gone

Lash extensions last between 2-4wks depending on how well you care for them. We recommend lash infills should be done every 2-3 wks to keep your lashes looking full and beautiful.

### **Before Your Lash Extensions**

If you have not had extensions before you may wish to come in for a patch test to ensure you have no reaction to the adhesive used.

**Cleanse your lashes before your appointment.** Clean lashes means more lash time and longer lasting lashes.

# **Immediately After Your Extensions**Do Not:

- Get lashes wet for 24hours
- Exercise or do anything that makes you sweat including hot steam or saunas
- Use water based eye makeup remover To cleanse (after 24hrs), put cleanser on finger blink on and remove with small amount of water
- If using mascare oil free or nonwaterproof mascara. If you choose to this may affect how long the lashes last
- Perm your lashes, tint or use lash curlers Do Not:

Attempt to remove them yourself his can cause damage to your natural lashes; we strongly advise you to get them removed professionally.

### **Caring for Your Lashes**

A few things to avoid in the weeks after your lash extensions

- Avoid rubbing your eyes or pulling out your lashes
- Use only water based mascara, again this will affect how long they last.
- Comb criss crossing or stray lashes with a mascara wand to brush them back into place

## Continuing your eye up look

- Get a touch up in 2 weeks
- Maintain your look with infills every 3 weeks
- Use lash serum to maintain strong, healthy natural lashes; this makes your extensions even more eye enhancing Check out LiLash in store.



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