



Sophora

Skincare & more

Lash Extension Client Guide

This is a how to guide to maximise the results of your lash extensions. After care is critical to achieving the best results and prolonging the life of your lashes.



About Lash Extensions

Extensions last between 2-4 weeks, depending on how well you care for them.

After this time they will begin to fall out with the natural turn over of your lashes.

Before Your Lash Extensions

If you have not had extensions before

- Come in for a patch test to ensure you have no reaction to the adhesive used

Immediately before your appointment

- Come in without any makeup or facial creams around the eye area. This is very important as even removing makeup prior to application can affect the life of your extensions.

Immediately After Your Extensions

Take care of your lash extensions

Do Not:

- Rub your eyes
- Get lashes wet for 24hours.
- Exercise or do anything that makes you sweat including hot steam or saunas.
- Use water based eye makeup remover.
- Use oil based or waterproof mascara.
- Perm your lashes.
- Pull or pick at your extensions.

Do Not:

- Attempt to remove them yourself
This can cause damage to your natural lashes; we strongly advise you to get them removed professionally, we are happy to do this .

Caring for Your Lashes

A few things to avoid in the weeks after your lash extensions

- Avoid rubbing your eyes or pulling out your lashes
- Use only water based mascara
- Comb criss crossing or stray lashes with a mascara wand to brush them back into place

Continuing your eye up look

- Get infills every 3-4 weeks; this maintains your look and is more economical in the long run
- Use lash serum to maintain strong, healthy natural lashes; this makes your extensions even more eye enhancing. Check out LiLash in store.

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